SHOULDER & ELBOW

MASTER CLASS & HANDS-ON

CADAVER PROGRAM

Date : 22nd & 23rd August 2026

MYTRI





Course Director
Dr. John Mukhopadhyay

Venue

ircad India

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Surgery of the **"Shoulder and Elbow"** continues to evolve with advancements in surgical techniques, implant design, and reconstructive strategies. Managing complex trauma, joint reconstruction, and arthroplasty in this anatomically demanding region requires not only a thorough understanding of anatomy, but also meticulous surgical planning, precise execution, and sound clinical judgment.

The **"Mytri Shoulder & Elbow Master Class & Hands-On Cadaver Program"** is conceived with a singular objective-to transform anatomical knowledge into confident surgical expertise through an immersive academic and hands-on learning experience. Designed for practicing orthopaedic surgeons, this two-day program seamlessly integrates cadaveric dissection with focused scientific sessions, enabling participants to bridge the gap between theoretical concepts and operative excellence.

The program commences with an intensive cadaveric workshop featuring step-by-step faculty demonstrations followed by supervised hands-on dissection. Participants will gain practical exposure to shoulder, scapular, glenoid, elbow, forearm, and wrist approaches, mastering the principles of safe surgical exposure, meticulous soft-tissue handling, anatomical orientation, and operative techniques in a realistic surgical environment.

Building upon the cadaveric experience, the Master Class explores contemporary concepts in **Shoulder Trauma, Shoulder Arthroplasty, and Elbow Reconstruction & Complex Trauma.** Interactive lectures, expert panel discussions, and case-based deliberations provide participants with valuable insights into surgical planning, clinical decision-making, and evidence-based management of challenging cases.

Guided by renowned faculty and master surgeons, the program emphasizes not only how to perform a procedure, but why every surgical step matters. By combining anatomical mastery with practical surgical wisdom, participants will strengthen their operative judgment, enhance surgical precision, refine technical skills, and build the confidence required to deliver safe, reproducible, and evidence-based patient care.

We warmly welcome you to the **Mytri Shoulder & Elbow - Master Class & Hands-On Cadaver Program** at IRCAD India, Indore, for two days of intensive learning, meaningful collaboration, and surgical excellence. We are confident that you will return with enriched anatomical knowledge, enhanced operative skills, renewed clinical confidence, and lasting professional connections that will continue to benefit your practice and, most importantly, your patients.

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Programme Highlights

- **Expert Faculty** – Learn from experienced Shoulder & Elbow surgeons
- **Comprehensive Lectures** – Shoulder & Elbow Master Class - Understand indications, techniques, complications & solutions
- **Live Demonstration** – Step-by-step procedural insights with expert guidance. Real-time procedural insights
- **Hands-on Cadaveric Training** – Perform Shoulder & Elbow Hands-On under expert guidance
- Interactive session with faculty, Q&A
- **Complication Management & Bailouts** – Strategies for challenging cases

4:1 Delegate-To-Cadaver Ratio

Programme Covers

- Shoulder & Elbow Trauma

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Course Faculty



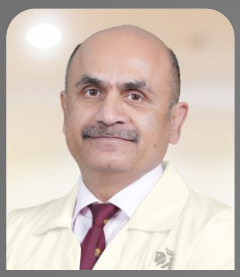
Dr. Abhijeet Wahegaonkar
Pune



Dr. Asim Negi
Indore



Dr. Ayyappan V Nair
Bengaluru



Dr. Deepthi Nandan Reddy
Hyderabad



Dr. Jignesh Pandya
Surat



Dr. John Mukhopadhyay
Patna



Dr. Nimish B Patel
Ahmedabad



Dr. Pradeep Choudhari
Indore



Dr. Pradip Nemade
Mumbai



Dr. Shailesh Pai
Mangalore

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Program Brief

Day 1 : Cadaveric Dissection Program — 08:00 AM - 05:00 PM

Registration & Breakfast	08:00 AM - 08:30 AM
Welcome Address, Course Objectives & Lab Safety	08:30 AM - 08:45 AM
Faculty Demonstration - Deltopectoral & Deltoid Split Approaches	08:45 AM - 09:00 AM
Hands-on Session: Shoulder Approaches & Proximal Humerus Exposure	09:00 AM - 10:45 AM
Tea Break	10:45 AM - 11:00 AM
Faculty Demonstration - Judet, Modified Judet & Glenoid Exposure	11:00 AM - 11:20 AM
Hands-on Session: Scapula & Glenoid Approaches	11:20 AM - 01:00 PM
Lunch Break	01:00 PM - 01:45 PM
Faculty Demonstration - Elbow Approaches	01:45 PM - 02:05 PM
Hands-on Session: Olecranon Osteotomy, TRAP, Medial & Lateral Approaches	02:05 PM - 03:45 PM
Tea Break	03:45 PM - 04:00 PM
Faculty Demonstration - Forearm & Wrist Exposures	04:00 PM - 04:15 PM
Hands-on Session: Henry, Volar & Dorsal Wrist Approaches	04:15 PM - 05:00 PM

The scientific programme is provisional and may be revised based on expert recommendations and the final approval of the Course Director.

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Program Brief

Day 2 : Scientific Lectures — 08:00 AM - 03:00 PM

Registration & Breakfast	08:00 AM - 08:30 AM
Welcome & Recap of Day 1	08:30 AM - 08:40 AM
Session I: Shoulder Trauma - Proximal Humerus, Scapula & Glenoid Fractures	08:40 AM - 10:00 AM
Tea Break	10:00 AM - 10:15 AM
Session II: Shoulder Arthroplasty - Anatomic & Reverse Shoulder Arthroplasty	10:15 AM - 11:35 AM
Session III: Elbow Reconstruction & Complex Trauma	11:35 AM - 12:55 PM
Expert Panel Discussion & Faculty Round Table	12:55 PM - 01:45 PM
Valedictory Function & Certificates	01:45 PM - 02:00 PM
Lunch Break	02:00 PM - 02:45 PM
Faculty Felicitation & Group Photograph	02:45 PM - 03:00 PM
Departure from IRCAD India, Indore with enriching learning experiences, enhanced surgical skills and valuable professional connections	03:00 PM

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